

HAND SAFETY

Keeping our hands and fingers out of harm's way at work is critical

Common Workplace Hand Injuries

- Lacerations due to sharp objects or tools
- Crush injuries resulting from hand placement between two objects or on rotating equipment
- Fractures due to a sudden blow to the bones in fingers or hands

Best Practices

- Use tools to remove hands from line of fire during a work task
- Avoid using fixed open-blade knives
- Never put hand in an area where you cannot see it
- Wear gloves and hand protection
- Never work on an energized piece of equipment.

Glove Selection

- Identify the hazard (chemical, physical, biological, etc.)
- Determine type of contact (incidental or extended contact)
- Determine if manual dexterity is required
- For chemicals, refer to SDS for specific glove material

Safety Tips & Reminders

- Always inspect gloves for damage prior to use
- Use glove type appropriate to the job task
- Pre-plan work to ensure required tools and PPE are obtained
- Ensure energized equipment follows the appropriate Lock out/Tag out procedures

